

Week #36 Glad Park PS E-Bulletin: May 24 - 28th

If you need to contact the school please email: glad.park.ps@yrdsb.ca

UPCOMING DATES:

- May 18 Spirit Day!!! BEACH DAY
- May 31 P.A. Day
- June is Pride Month around the Globe!
- June 1 Discover Kindergarten more information to follow
- June 7 Virtual School Council Meeting @ 6:30 pm
- June 21 Report Cards go home this week! VIRTUALLY
- June 23 Grade 8 Graduation Ceremony (tentative)
- June 29 Last Day of School (early release)

June is Pride Month around the Globe! It's a time that many people in the 2SLGBTQ+ community (Two Spirit, lesbian, gay, bisexual, transgender, queer, questioning, and additional identities) reflect on the leaders and activism of our past and present, along with the future we are working to create. The PRIDE Flag will be raised at Glad Park on Monday May 31 *@* 10:00 am.

School Technology Should you need help with school technology during the move to virtual learning please submit your request for support to : <u>YRDSB Student Technology Help</u>

Actions for Happiness Calendar May - Meaningful May



- **ECO TEAM** -thank you to our students, staff and families for participating here are some pledges shared:
- Expectations Regarding Appropriate use of Technology YRDSB Appropriate Use of Technology Policy and Procedures;
- SUMMER LEARNING GRADE 6,7,8 For more information about registration for Summer Learning see the following:
 - Elementary Summer School Grade 6, 7 and 8 (Literacy & Numeracy) Program
 - Grade 8 Summer Reach Ahead

• NEWMARKET PUBLIC LIBRARY - Ancestral Voices: Belonging and Identity In Canada - This free online author series hosted by the Newmarket Public Library explores the experiences of Indigenous, Caribbean and African Peoples in Canada. Visit <u>https://bit.ly/2R2rSYC</u> for more information and to register. Thursday, June 10, @ 7:00 p.m. - 9:00 p.m.- Waubgeshig Rice

Mental Health Awareness Month

• <u>YORKHILLS Upcoming webinars for Parents and Caregivers</u>: To register for any of these virtual events below , register at <u>www.yorkhillscentre.eventbrite.ca</u>

Sibling Rivalry to Sibling Relationship - Tue, May 25 @6:30 PM

Come and learn! This workshop will discuss what sibling rivalry is, what causes it, and what parents can do to build and strengthen this important relationship.

- Explore the meaning of 'fairness' from a child's perspective, and learn how to handle each child's feelings.
- Learn how to respond to challenging behaviours, and how to balance the parental role of being a 'coach and a referee'.
- Learn the value of 'cooling off time', and teach your children to use 'quiet spaces' for calming and learning to work together with a sibling to problem solve.
- Learn ways to encourage positive and respectful sibling relationships.
- Learn additional ways to cope and manage when one/both siblings have mental health challenges.

JUNE

BeYOUtiful - Supporting Positive Body Image in Children and Youth - Tue, Jun 8 @6:30 PM Positive Connections - Mon, Jun 14 @ 6:30 PM Understanding and Managing Challenging Behaviours - Tue, Jun 15 @ 6:30 PM Bringing Your Family Into Focus - Mon, Jun 21 @6:30 PM Nightmares and Night Terrors - Triple P Tip Sheet Discussion - Wed, Jun 23 @12:00 PM

Resources:

Supporting Well-Being

<u>Mental Health Resources for Students and Families</u>

Community Resources

- <u>Community Resources for Behaviour, Mental Health and Financial Supports</u>
- <u>York Hills Here to Help Line</u> offers quick-access to counselling via telephone for students, parents and caregivers. New time changes starting in April.